

How to Choose a College Major

Activity: Find Me A College!

Lesson Objective: This activity aims to guide students in identifying a suitable college or university and major based on their chosen career path, while also honing their research and problem-solving skills. Additionally, students will collaborate with peers to broaden their college options.

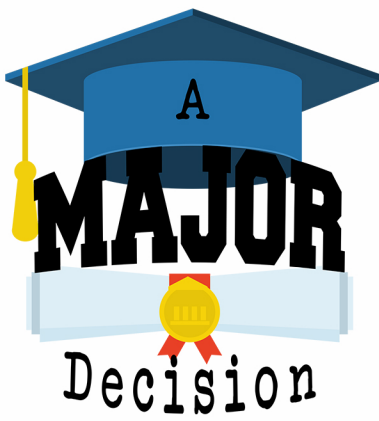
Step 1: Interests, Passions, Strengths - Begin by listing your interests, passions, and strengths below.

Step 2: Career-related Priorities and Lifestyle Goals - Next, list your career-related priorities and lifestyle goals. These could include factors like salary potential, job location, work-life balance, etc.

Step 3: Choose a career - Using the information from steps 1 and 2, pick a career that aligns with one or more of your interests/passions and also addresses your priorities and lifestyle goals.

Step 4: Choose a major - Now select a major you think will adequately prepare you for that career.

Step 5: Find potential universities - Now it's time to find universities that offer the major you've chosen. Conduct research and list at least six universities that have your desired major.



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Step 6: College-related Priorities and Values - After listing potential universities, consider your college-related priorities and values. These could include factors like location, campus culture, extra-curricular activities, etc.. List 6 below.

Step 7: The College Short List - Narrow down your list of universities from Step 5 by evaluating how well they align with your college-related priorities and values in Step 6. Choose your top 3 schools.

***** Grab a Friend *****

Step 8: Some “friendly” advice - Exchange your worksheet with a friend. Each of you should review the other person’s “College Short List” in Step 7 and based on your additional research, add one more school below that you believe fulfills all of their wishes, but is not listed in Steps 5 or 7. Discuss your findings with your partner and explain why this school may be one they should consider.

Goal: To narrow down your list to a small group of college/major combinations that align with your inter-priorities, values, and career goals.

Next Step: When you think you’ve got it all figured out... get some more guidance. Take your findings to your high school guidance counselor or speak with an adviser at the college, and get their input to confirm you’re on the right track.