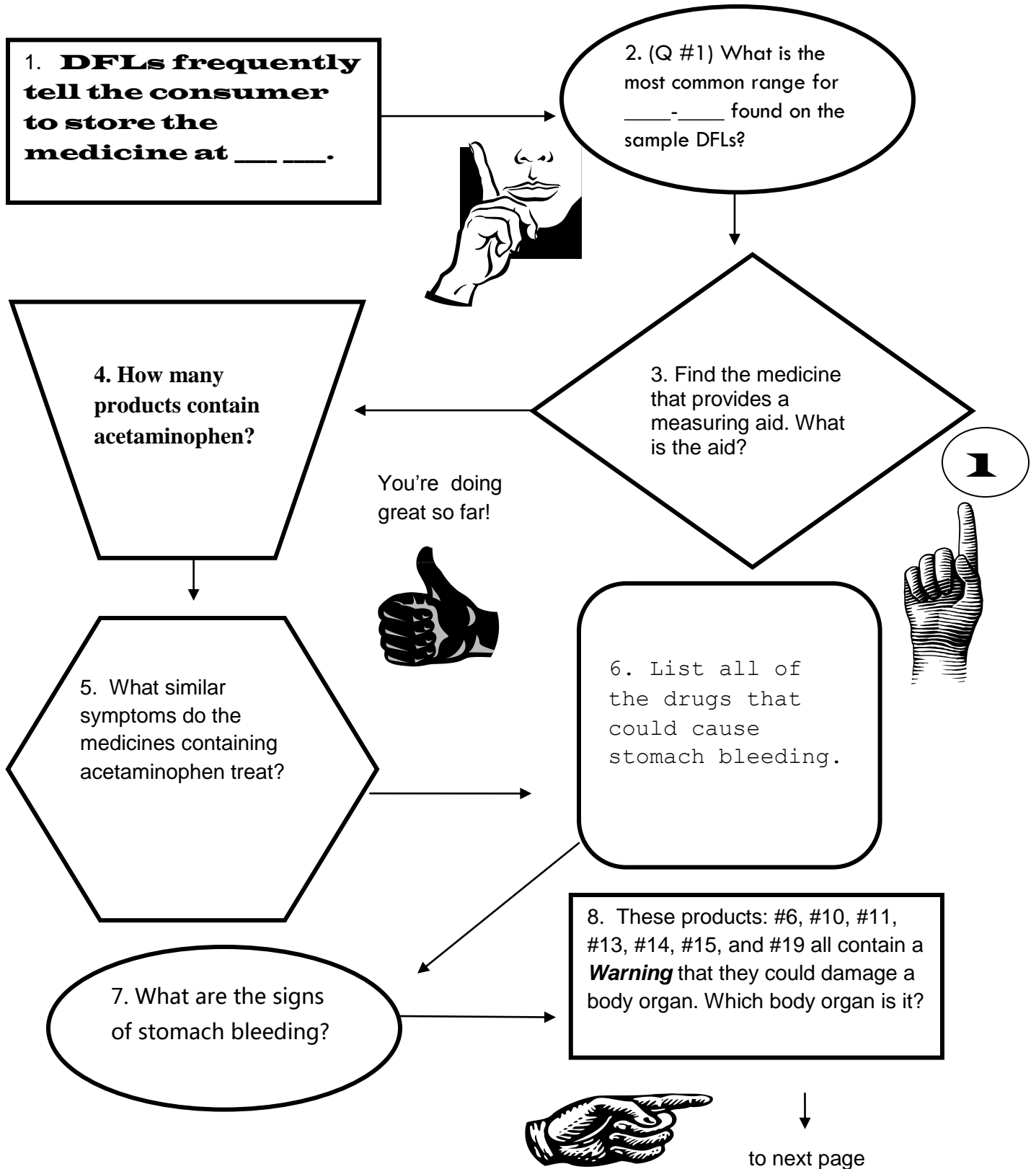
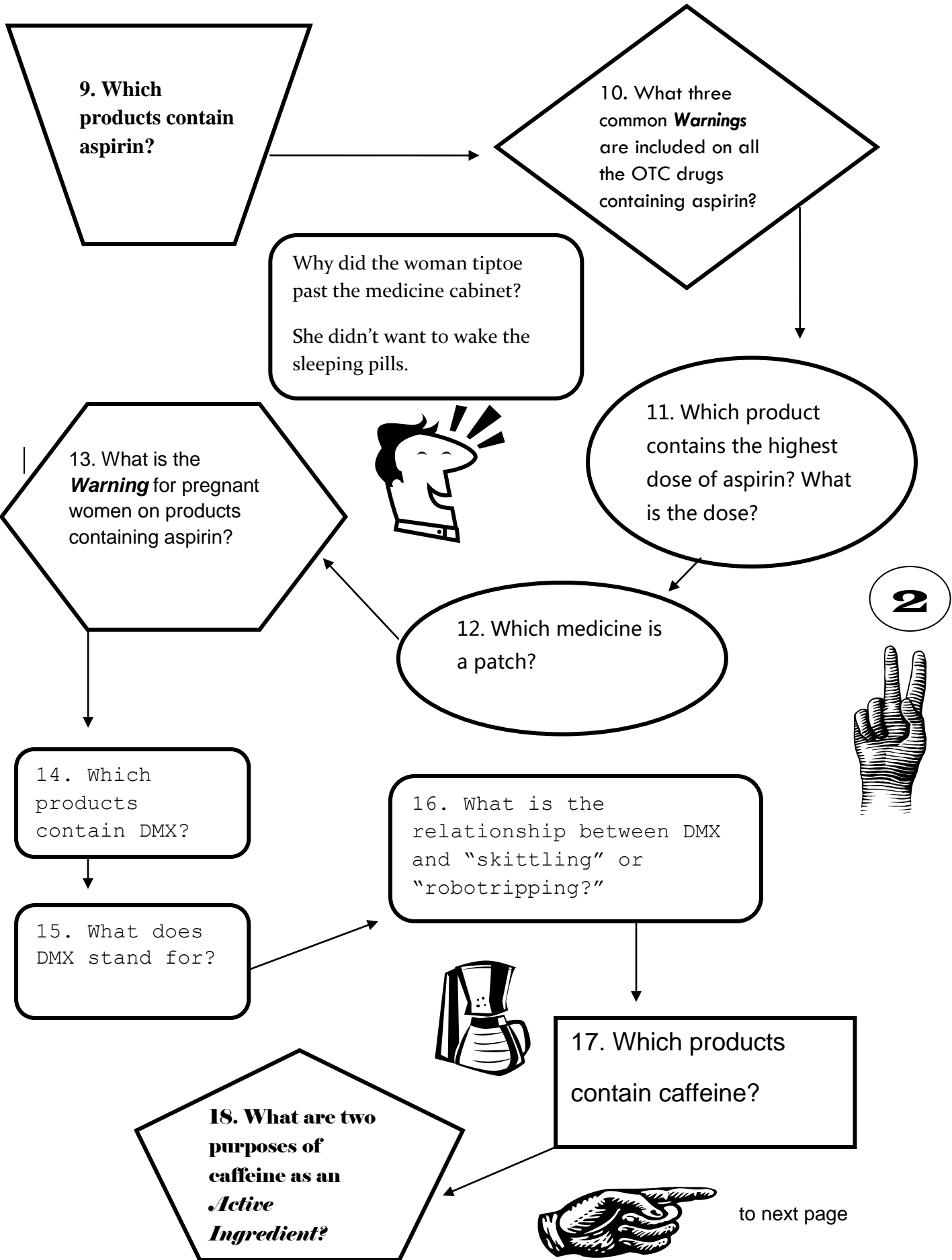


Over-the-Counter Medicine Scavenger Hunt

DIRECTIONS: Complete the *Medicine Scavenger Hunt* using the sample Drug Facts Labels 1-20. The *Hunt* requires you to find the information that answers each question on the sample DFLs. If the answer is a drug, use the drug's number(s) on the answer blank, rather than the name. If you see a number in parenthesis after a question like this (Q #1), the question you are currently answering refers back to another question.





What do you have if your head is hot, your feet are cold, and you see spots in front of your eyes?

You have a polka-dot sock pulled over your head.

19. One of the medicines treats motion sickness. What is the term used for this "purpose?"

20. Interpret the caffeine **Warning**. What is the approximate range of caffeine in a cup of coffee according to the answer to Question 17?



22. Find four medications that "may cause drowsiness."

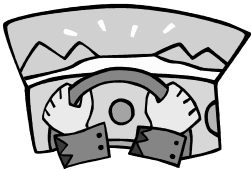
21. What common illness does the active ingredient *loratadine* treat?

23. Which medicines are NSAIDs?

3



24. "**Warning: Be careful when driving machinery.**" Why should you be careful?



25. Why might drug #5 tell the consumer, "Contains: milk, soy."

26. Drug #19 is "extra-strength." Why is this product not recommended for children under 12?



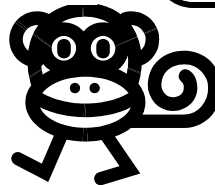
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27. Drug #20 is a topical analgesic. What does that mean?

28. What is the purpose of the active ingredient *sodium bicarbonate*?

29. Find the medicine that contains *Guaifenesin*. What is the purpose of this substance?

30. What is the remedy if a small child "eats" drug #3?



Discussion Questions

DIRECTIONS: Discuss the following questions with your team, relate your answers to this "Scavenger Hunt," and write them on the back of your answer sheet.

1. Describe three things that you learned about over-the-counter medications.
2. What were the two most common active ingredients in the 20 drugs used in this exercise? Did this surprise you? Explain your answer.
3. List four serious side effects of over-the-counter medications that you discovered.
4. Why is it important to read the Drug Facts Label carefully?
5. Give two examples of how this activity relates to your "real" life.

4



Did you hear the story about the germ? Never mind, I don't want it spread all over.



the end