

LifeSmarts U: Medicine 101 TELL ME THE QUESTION Matrix

	All About Drugs	The Drug Facts Label	Beware	OTCs	Things You Should Know
Q100	Medicine purchased without a prescription	This federal agency regulates the Drug Facts label	Frequently included in Warnings, avoid these types of beverages when taking medication	This appears on all over-the-counter medicines purchased without a prescription	A health care professional, this person is licensed to dispense prescription drugs
Q200	When you see these letters, it indicates a prescription drug	This section includes phrases like, "Take one tablet every 4 hours," and, "Do not take more than directed"	Choosing to take medicine on your own	Do this before combining an OTC and prescription drugs	Left carelessly in a purse, on the counter or around the house
Q300	Used for 1000s of years, this drug is sometimes taken in low doses for hearth healthy	The symptoms or illnesses an OTC medicine is meant to treat are listed in this section	Household teaspoons and measuring spoons	Unsupervised self-administration of medicine can lead to this	For questions or concerns call 1-800-222-1222
Q400	Legend medicine is another name for this	To avoid overdose because the same drug could be in another medication you are taking, check this	"Up, away and out of sight..."	May vary from brand name by color, shape, taste or inactive ingredients	60-77° Fahrenheit, the temperature at which medicines are stored
Q500	Using more medicine than recommended or prescribed	This section often includes a telephone icon ☎ and a telephone number	Unwanted or unexpected effects from taking a medicine	The amount of active ingredient present in each dose of an over-the-counter medicine	Research shows that at this age children begin to self-medicate
A100	What is over-the-counter medicine?	What is the Food and Drug Administration (FDA)?	What is alcohol?	What is the Drug Facts label?	Who is a pharmacist?
A200	What is Rx?	What is the Directions section?	What is to self-medicate?	What is consulting a health care professional (Poison Center)?	Where do children find medicine?
A300	What is aspirin?	What is the Uses section?	What should not be used when measuring medicine?	What is incorrect use or misuse?	What is the number for the Poison Center?
A400	What is a prescription drug?	What is the Active ingredient? (or Active Ingredient section?)	What is the proper way to store medicine?	What are generic drugs?	What is room temperature?
A500	What is an overdose?	What is the Questions section?	What are side effects?	What is strength?	What is eleven or twelve?