



## LifeSmarts U Environment Lesson Protect the Planet Because... ACTIVITY

### Directions:

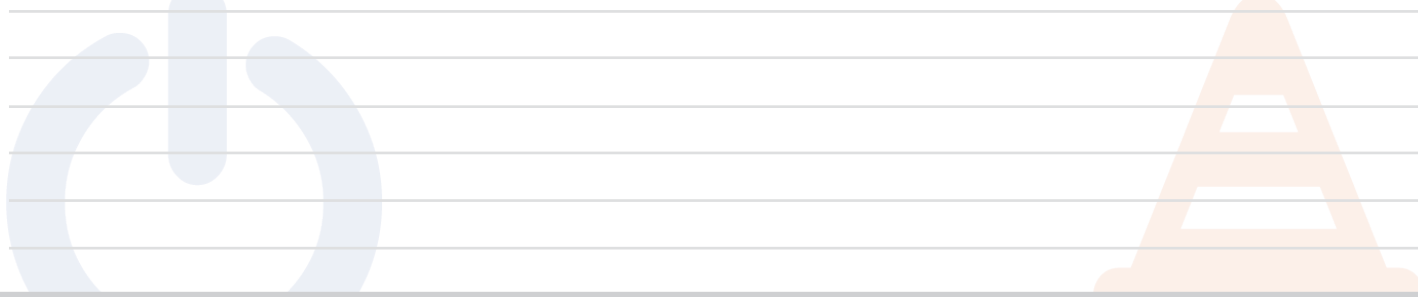
Read the statements and use the "Because" space to explain why that "going green" practice is environmentally-friendly. Research and explain the answers thoroughly. Read the example and use it as a guideline.

### Example: Ride a bike.

**Because:** Riding a bike reduces emissions and reduces traffic. Bikes are up to 50% faster than cars during rush hour. Biking makes you healthier. Bikes take fewer natural resources to make than cars. When you spend less time in traffic, you have more time to get things done. Riding a bike helps combat noise pollution and 20 bikes can fit in the space of one car. When you ride a bike you are more likely to keep your trips shorter, shop close to home, and support local businesses.

### 1. Turn off the water when brushing teeth.

**Because:**



### 2. Eat less meat.

**Because:**



### 3. Recycle e-waste.


**Because:**





#### 4. Keep vehicle tires properly inflated.

**Because:**



#### 5. Use the cold-water cycle in the washing machine.

**Because:**



#### 6. Buy local.

**Because:**



#### 7. Take shorter showers.

**Because:**





### 8. Recycle aluminum cans.

**Because:**



Lined area for writing the reason for recycling aluminum cans.

### 9. Don't rinse dishes going into the dishwasher.

**Because:**



Lined area for writing the reason for not rinsing dishes.

### 10. Skip the bottled water.

**Because:**



Lined area for writing the reason for skipping bottled water.